

ACHO – Active Moments of Leisure

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Slovakia ,



Dear friends!

Our nongovernmental organisation **ACHO** wants to prepare with help of YiA program, 12 day multilateral, internet-free, summer-time, youth exchange from the **14th of August to the 26th of August 2013**.

Our project will take place in a beautiful small calm village called **Kraľovce-Krnišov** situated in the central part of Slovakia, in the middle of hills and forests, shortly – at the end of the world – but close to Banská Štiavnica, a UNESCO heritage town with medieval architecture and European-wide historical significance. This rural surrounding will provide us an exceptional opportunity to prepare project called:

ROOT - Ruralism Opens Optimal Target

Relatively only recently lifestyle changed into consumerism, rapid urbanization and modern way of living. Although this provides some new opportunities, we often forget or dismiss our grandparent's knowledge and common past: we all have our origin in rural areas. In these villages, life was not easy but it could have been much more fulfilling - people enjoyed seeing outcome of their hands, they probably had much better social skills because they did not spent time behind computer but talk to each other, and living next to forest and taking care of animals they everyday experienced the beauty of changing nature.

In our project we will try to move back in time – not only for remembering the past but also to find out possible better future that is sustainable. Carbon neutral footprint and fun! We try to learn to be environmentally friendly, use 100% local village resources and hopefully by the end of the project we realize the joy and beauty of village life. Possible activities include learning about and experiencing permaculture, building own outdoor oven and cooking on it traditional recipes, wire craft or pagan egg painting tradition and other traditional crafts, storytelling workshop, folk dances night, alternative music making from the things in the barn, making theatre with costumes and stage tools made from things in the forest and lots of others.

Our ancestors had to be creative, so do we in our project. Through this alternative experimental learning process everyone learns what she/he wants to learn and she/he wants to teach. So, if you do not mind to get straw to your hair, mud on your feet, have fun with international community in the forest and cheer up local village children and the elderly, this project is for you!

Profile of the participants:

- Total Number: 30 - participant per group: 4 youngsters (age 18 to 25) + 1 leader (without age limit).
- **All groups should be happy to use in their workshops and presentations focused on main topic of the project** (historical cooking, using skills or technology of our grand parents, energy-saving methods useful for daily utilization) **and/or visual art, performing art methods**, which could help in promotion (like drawing, dance, theatrical, preparing movies/slideshows, or other methods and their members should like to learn about promotional-artistic ways of work).
- We expect participants to be open, creative, and motivated to actively participate throughout the whole project. The working language is English.

Travel expenses, board, lodging and program costs:

- 70% of the costs will be reimbursed. Board, lodging in your own sleeping bags and program costs are provided and paid by the host organization. No participation fee.

Interested? If you are interested to participate in this project, or know somebody who might be interested, in the preparation process of this project, please, fill in the joint ROOT Application form and send it to **acho.sk@gmail.com** **not later than 20/December/2012.**

For more info, questions or comments please contact: **Igor Šabla – acho.sk@gmail.com , tel.: 00421-905-849 051**

Information about our organisation and our past projects you can see here: **www.tapdance.sk**

☺ We hope to see you in Slovakia! ☺